



SEND Occupational Therapy Newsletter

Autumn Term



Birmingham Schools

Fun with Food

Online training and support with setting up a food play group in your setting for children that are not open to trying new foods.

Feedback: "Children are more willing to explore different textures in play and at meals times. We have since had a taste testing theme for our topic and children were able to engage with each piece of food."

30th September 2026 at 09:30-11:00
Virtual (book via Eventbrite)

Spill the Tea with OT

OT focused coffee mornings, delivering advice and support to families within your setting.

New Topics:

- Play, draw, write: developing handwriting skills through play
- Out & About: Supporting your child outside of the home
- Getting school ready (Early Years aged)
- Preparing for Secondary School (Primary aged)

Enquire via email

Sensory Circuits

Sensory Circuits are a series of motor activities that aim to support with sensory regulation. Learn about how to structure a sensory circuit.

Feedback: "The training was fantastic. Staff were supported to think about how this could be implemented into their school. Every class in school now completes a sensory circuit at lunch time, in class using a whole class approach."

Enquire via email

Contact Us!

Email: bchc.sendtherapy@nhs.net

OT Website:

www.bhamcommunity.nhs.uk/paediatric-occupational-therapy

Eventbrite Training:

www.eventbrite.co.uk/o/bchc-send-occupational-therapy-team-58871323623