



# The Adderley Post

Thursday 21st December 2023 - Issue No 7

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## Season's Greetings

On behalf of my staff and the Governing Body, I would like to thank all of our parents for the support that they have shown during this term. Our children are really happy and are learning to be great achievers, active citizens and it makes me proud to be the Headteacher of Adderley.

I would like to wish Merry Christmas to all families who will be celebrating and a Happy New Year to everyone.

We look forward to seeing you all in the New Year when the children return on Monday 8th January 2024. Have a restful break.

Thank you for your continued support.

Mrs Rizvana Darr  
Head Teacher



### Message from West Midlands Police and Crime Prevention Letter

Local officers will be conducting uniformed and plain clothed patrols through the festive period and officers will be on duty around the clock. We continue to remind the community to ensure that they are mindful of their own persona; safety and security when in public during the darker nights period, by making someone aware of your location, travelling in lit up areas and not having personal belongings on show. Please also consider home security such as burglar alarms, video doorbells etc. and keep doors and windows locked overnight. If you have expensive gifts over the Christmas period, please remember not to leave empty boxes outside your property as it will attract criminals.



You can call West Midlands Police via 101 or the online chat in a non emergency or 999 in an emergency. Do sign up to [www.wmnow.co.uk](http://www.wmnow.co.uk) for local updates.

### Message from British Transport Police and Network Rail and Safety Letter

Many people - especially young people - fail to understand the danger they put themselves and others in, when they make the choice to stray onto the rail network.

The British Transport Police and Network Rail are seeking the support of parents, guardians and the local community to highlight the danger and implications of these activities to help us reduce the number of young people putting themselves and others at significant risk.



**Full copies of both letters are attached to the Newsletter email, please take the time to read them.**

You can contact us via email by writing to [enquiry@adderley.bham.sch.uk](mailto:enquiry@adderley.bham.sch.uk)

## Keep Safe During the Holidays



The holidays are a fun time of year for most children, with the anticipation of seeing family and being out of school. It is also an important time of year to be mindful of your children's safety, such as:

- Be safe around water, teach your children not to go on to frozen lakes, ponds, canals and reservoirs under any circumstances.
- Road Safety.
- Beware of local trains and train tracks. (see British Transport Police and Network Rail attachment).

Give children the freedom to play outdoors, but give them some rules such as:

- Remind your children about playing in safe areas, help children choose play areas with their home or a friend's home nearby.
- Children shouldn't play outside alone. Establish a buddy system with one or more friends and have them look out for one another. Children younger than 8 years of age should always be well supervised outside. Check every so often on older children who are playing outdoors for a long time.
- Check often to see that your child is safe.
- Please ensure that during the cold weather, your child is wearing the appropriate clothing.

## Tips for Keeping Kids Safe Online

**Set limits** - Establish appropriate limits on the amount of time children may spend online and what kinds of sites they may visit.



**Put the computer/Laptop/Tablet/Phone in a communal area**—Putting the device in a central area, rather than in a child's bedroom, is a simple way to make sure you're aware of your child's online activities.

**Explain that downloads can be dangerous** - Free videos and games seem like a good deal, but they can have spyware and viruses. Similarly, warn children to not open email messages from people they don't know.

**Keep personal information private** - Discuss with children what kind of information is appropriate to share online, and what is not.

**Teach caution of strangers-** Online chatting should be primarily with friends and family. Remind children that people online might not be who they say they are. Children should never give private information, like a phone number or address, or send pictures to strangers.

**Teach digital citizenship-** The relative anonymity of the internet can make children (and grown-ups) say and do things they wouldn't do in real life. Telling lies or secrets and making cruel comments are all forms of cyber-bullying. Children should never say anything online that they wouldn't say to another person's face.

**Keep the lines of communication open** - Have an age-appropriate conversation about your family's values, and share why children should avoid content and conversations that you find objectionable. Make sure children know they can always come to you if something happens that makes them uncomfortable or hurts their feelings.