



# The Adderley Times

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## Happy Easter!



On behalf of our Governing Body and all the staff at Adderley Primary School, we would like to wish a very Happy Easter to all our families who will be celebrating this weekend.

We would also like to thank all of our parents for their continued support especially this half term regarding children's return to school. We are extremely happy to have all children back and eager to learn and achieve, it is this that makes us proud to be part of Adderley.

We hope you all enjoy the two weeks holiday and have a restful break.

**Mrs A Ashraf and Mr A Hussain**

## Ramadan Mubarak

We would like to wish '**Ramadan Mubarak**' to all our Muslim families and we are aware that Ramadan is a very significant month in the Islamic calendar. We fully appreciate some of the main benefits of Ramadan, alongside the benefits, observing the fast and late-night prayers may also create less desirable consequences for some people, particularly children, such as tiredness, low energy, dehydration, reduced focus or concentration.



Since fasting now takes place during the British summer months, where the fast is typically 14 hours and the weather is mainly hot, we view it to be sensible for **only Year 6 to fast on school days if they choose to do so with their parent's permission**. We understand that parents occasionally wish for their younger children to also undertake partial fasting; however **this will not be possible during school days this year** and we suggest that our children may do this at the weekends when they are in the care of their parents.

Thank you for your continued support.

## PARENTS' AFTERNOON TELEPHONE MEETINGS

### Thursday 29th and Friday 30th April 2021

Due to Covid-19 and Social Distancing measure our second Parents' Afternoon for this academic year will be on **Thursday 29th April from 2:00pm to 4:30pm via telephone** and **Friday 30th April from 1:30pm to 3:30pm via telephone meetings**. Children must be collected from the playground at **1.35pm on Thursday 29th April and at the normal time of 12:50pm on Friday 30th April**, so staff are available to contact all families via telephone.

Appointments for telephone meetings with your child's class teacher can be booked on **ParentMail** from **Monday 19th April**. **We are asking parents to be available at the time that they have booked to ensure that class teacher is able to speak to all families**. There is an option when booking your appointment to leave a **note**, where you can enter the best contact number to call you on. Please ensure you have booked your appointment by **Tuesday 27th April**.

**PLEASE NOTE THAT CHILDREN MUST BE COLLECTED FROM THE PLAYGROUND AT 1:35PM ON THURSDAY 29TH APRIL AND AT 12:50PM ON FRIDAY 30TH APRIL, SO STAFF CAN PREPARE FOR THE AFTERNOON.**



# End of Term Attendance and House Points Award Assemblies



On Monday 29th March the school celebrated end of term attendance in class assemblies. 89 children achieved **100%** attendance since September and 103 children achieved over 98% attendance. Children achieving 98% and above attendance were entered into a prize draw per class and 3 winners per class were chosen to receive prizes.

Additional Congratulations to 4S for achieving the Best Attendance Class for the whole school. 4S received a certificate from Mrs Ashraf and will also receive extra breaktime as an award.

Congratulations to RESPECT team for achieving 1st Place in the House Point Awards and all children in RESPECT team received golden chocolate coins.



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## Tips for a Healthy Lunch Box

**Keep them fuller for longer** - Base the lunchbox on foods like bread, rice, pasta and potatoes. Choose wholegrain where you can.

**Always add veg** - Cherry tomatoes, or sticks of carrot, cucumber, celery and peppers all count towards their 5 A DAY. Adding a small pot of reduced-fat hummus or other dips may help with getting children to eat vegetables.

**Cut down on crisps** - If your child really likes their crisps try reducing the number of times you include them in their lunchbox and swap for homemade plain popcorn or plain rice cakes instead.

**Add bite-size fruit** - Try chopped apple, peeled satsuma segments, strawberries, blueberries, halved grapes or melon slices to make it easier for them to eat. Add a squeeze of lemon juice to stop it from going brown.

**Swap the sweets** - Swap cakes, chocolate, cereal bars and biscuits for malt loaf, fruited teacakes, fruit breads or fruit (fresh, dried or tinned – in juice not syrup).

**Get them involved** - Get your children involved in preparing and choosing what goes in their lunchbox. They are more likely to eat it if they helped make it.

## Breakfast Club for Working Parents

The school will be restarting Breakfast Club from **26th April** for working parents only. We cannot offer Breakfast Club to all parents at the moment due to Breakfast Club operating in bubbles.



Please speak to the school office if you require a space in Breakfast Club, parents must be working and the school will be asking for evidence.

## Safeguarding Message

Following the schools' Safeguarding Procedure, we are asking all parents to refrain from using their mobile phones in the school playground, when collecting their children at the end of the day.

Thank you for your continued support.

## DATES FOR YOUR DIARY

Last Day of Term - Thursday 1st April

First Day of Term- Monday 19th April