



NSPCC Speak out. Stay safe. programme

Dear Parent/Carer,

RE: NSPCC's *Speak out. Stay safe.* online programme

I am pleased to tell you that this term we will be participating in the **NSPCC's *Speak out. Stay safe.* online** programme. This consists of an online assembly and supporting classroom based activities. *Speak out. Stay safe.* is a safeguarding programme available to all primary schools in the UK and Channel Islands. It aims to help children understand abuse in all its forms and to recognise the signs of abuse in a child friendly, interactive way. Children are taught to speak out if they are worried, either to a trusted adult or Childline.

The NSPCC have developed an online version of their *Speak out. Stay safe.* programme to help overcome some of the challenges that the Coronavirus (COVID-19) pandemic has presented in relation to having external speakers in school. In the online assembly, the *Speak out. Stay safe.* messages continue to be delivered in a fun and interactive way with the help of their mascot Buddy as well as special guest appearances from Ant and Dec.

We have studied the content of the materials and are extremely confident that they are appropriate for primary-school-aged children. By the end of the programme, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

If you would like to know more about the *Speak out. Stay safe.* programme you can find more information on the NSPCC website www.nspcc.org.uk/speakout or I would be happy to discuss any questions that you may have.

Talking PANTS with your children

The NSPCC's work in schools will help encourage conversations about staying safe and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'Talk PANTS', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone.

You can find out more and download the free resources at www.nspcc.org.uk/pants.

Childline Under 12's Website

Childline also have a website with age appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at www.childline.org.uk/kids.

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website www.nspcc.org.uk/parents.

Yours sincerely,

Mrs Rizvana Darr
Headteacher



Charities We Support

Adderley Primary School supports different charities in many different ways. Below are a few charities that we are currently supporting and various ways children and families can get involved.



Adderley Primary School works with Gracewell Care Home, St Mary's Hospice and Acorns Children's Hospice to provide letters and cards to share a little kindness and happiness during difficult times and to boost morale of the residents especially during these unprecedented times.

We would like to involve everyone from our school community and we are asking parents to help their child or children by making cards or writing a letter to brighten someone's day during this festive period.

All letters and cards must be returned to Class teacher by Friday 11th December, the class with the best and most responses will win a prize.



Crisp Packet Appeal

The Crisp Packet Appeal is an incredible initiative started by Crisp Packet Project UK. Empty crisp packets can be ironed together to make life-saving blankets for the homeless during the winter season.

The watertight bags, which need roughly 150 packets, help keep a sleeping bag dry and are a lifeline for homeless people.

Please can families send in the empty crisp packets to school. Adderley Primary School will then send the empty packets to the project.



Save the Children CHRISTMAS JUMPER DAY

On Friday 11th December, Adderley Primary School will be fundraising for **Save the Children**. On this day children and staff can come to school wearing a Christmas Jumper, Christmas colours or a woolly jumper. **Please send a £1.00 donation**



Food Collection



Thank you to the families that have donated food so far. We are continuing to collect donations up to **Thursday 10th December**, the school will then donate the items to families in need or to the local food banks. We would be grateful if parents could provide tinned, packet or non perishable food.

DATES FOR YOUR DIARY

Teacher Training Day on Monday 4th January 2021– school reopens for children on Tuesday 5th January 2021.

**Last Day of Term
Friday 18th December**

**First Day of Term
Tuesday 5th January**