

Adderley
Primary School

Adderley Voice



Autumn 2015 ISSUE 6

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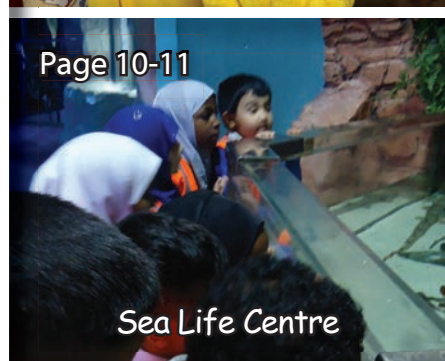
#WHYFest

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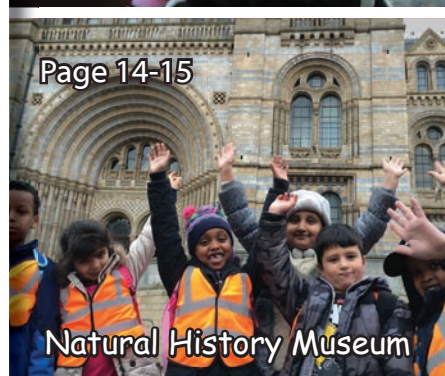
Children in Need

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Egyptians

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Enrichment



Adderley
Primary School

Adderley Voice

Welcome

We have had lots of great learning taking place over the last half term that you can get a taste of in this edition of the Adderley Voice! Our children have been immersed in their latest creative learning projects, from 'Where does snow go?' in Reception to 'Frozen Kingdom' in Year 6, and have much to be proud about in their achievements so far. We have also visited the capital city of London twice and taken part in some thought-provoking citizenship lessons and assemblies.

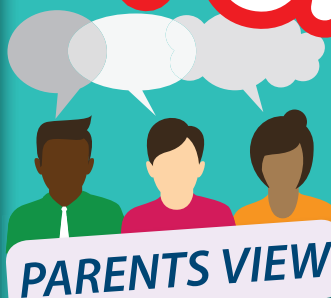
We hope that you enjoy reading the stories in this half-termly magazine and have a fantastic break.

Seasons greetings to **all** of our **families** and **staff** celebrating **Christmas** and **Happy New Year!**

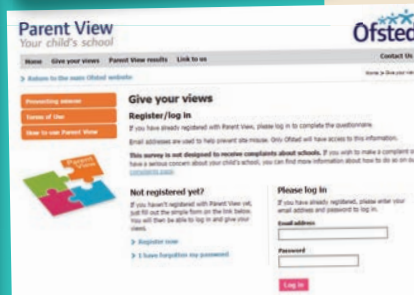
Mrs R Darr
Head Teacher

Our special visitors this month...

We have been really privileged to have **Mr Russell Hobby** and **Mr Rob Kelsall** visit our school. Mr Hobby is the general secretary of the NAHT (leader and senior executive of Europe's largest union of school leaders) and Mr Kelsall is the senior regional officer of the NAHT.



Please register and complete the survey on the 'Ofsted Parent View' link on our website.



Click the link under the 'Parents' menu on the homepage. You will be directed to the Parent View website.

Click on 'register now' and follow the instructions.



They made a special trip to Birmingham to see what wonderful work the children and staff at Adderley are doing. Here are some of their comments on Twitter.

www.adderleyprimary.co.uk

Dates for the diary

4th January

School opens for Spring Term.

11th January

School closed for Teacher Training.

12th February

Break up for half-term

Follow us...



Twitter:

@AdderleySchool



SoundCloud:

adderleyprimary.co.uk/soundcloud



YouTube:

adderleyprimary.co.uk/youtube



rob kelsall @rob_kelsall · Nov 26

Great to see School Leaders supporting one and other across the Midlands. adderleyprimary.co.uk/school-leaders... @NAHTnews @AdderleySchool



rob kelsall @rob_kelsall · Nov 26

Birmingham has fantastic schools led by great Leaders @AdderleySchool an oasis of learning @russellhobby @NAHTnews



Russell Hobby @russellhobby · Nov 26

Many thanks to @AdderleySchool for welcoming me in this morning. A school bursting with art, energy, compassion and ambition.



rob kelsall @rob_kelsall · Nov 26

Wow! @russellhobby gives exclusive interview to Adderley Primary radio. Inspiring school. @AdderleySchool @NAHTnews



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If you would like your child's out-of-school achievements to be published in Adderley Voice then please e-mail to: enquiry@adderley.bham.sch.uk

WHYFEST



WHY? Festival

On Thursday 22nd October 2015, 20 Year 5 and 6 children attended the WHY? – or 'What's Happening for the Young? – Festival at the Southbank Centre in London. Through various events, presentations and workshops, this festival explores how children's rights can be upheld and asks the question 'what makes a happy childhood?'

Poetry workshop

The children's first experience at the festival was a poetry workshop, exploring poems written by and about refugees and their experiences. The children then used empathy to imagine what it would be like to be a refugee and wrote their own poems about this – the workshop leaders were extremely impressed with our children's language and creativity! They wrote and performed some very powerful and moving poems, which we brought back to share with everyone at school.



'For Jimmy' peace mosaic

The children were privileged to play a part in creating a peace mosaic in memory of 16-year-old Jimmy Mizen, who was murdered in London by another young man in May 2008. The Peace Mosaic is made up of around 100 Perspex sheets placed along the length of the Royal Festival Hall on the South Bank. Our children (and teachers!) added their handprints to represent their hopes for peace and safety in their own neighbourhoods. If you're in London, do go and see Adderley's section of the mosaic!



WHYFEST

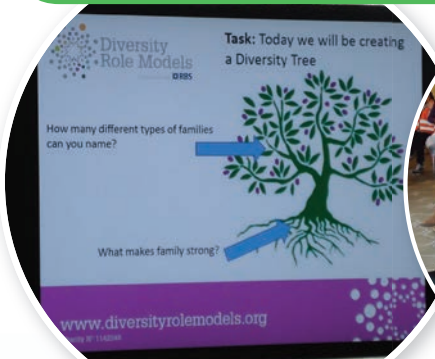
Protest Parade

At the end of our day in London, the children took part in a protest parade with all the other schools who were attending the WHY? Festival. Hundreds of children waving banners, chanting messages and singing songs took to the streets to promote the positive changes they would like to see in the world. There were lots of people watching and taking photos – the parade certainly had an impact and was featured on the local news in London that evening. Our children said how exciting and empowering it was to take part in such an inspiring and atmospheric event – what a fantastic experience for them all at such a young age!



Diversity workshop

Our second workshop explored different types of families and relationships, and the children got to meet some role models from various backgrounds. They created a diversity tree and made pledges to do what they could to challenge stereotypes and prejudice in the world. Again, the workshop organisers were blown away by how articulate, open-minded and respectful our children were and commented on how proud we should be of them (which, of course, we are – our children are really going to help to change the world for the better!)



'RE-FORM' art exhibition – Royal Festival Hall, Southbank, London

The children also enjoyed looking round the 'RE-FORM' exhibition, which displayed art by offenders, secure patients and detainees. One group was particularly fascinated by the painting 'Who's Really Pulling the Strings?' and spent a long time analysing it and asking questions about its political message. They decided we should have a lesson based on the painting when back at school, so they could explore it further!



ForJimmy @forjimmyHQ · Oct 22
Thank you so much Adderley, what a wonderful day
@southbankcentre #ForJimmy #PeaceMosaic #WHYFest



Adderley School @AdderleySchool
Creating our #PeaceMosaic for @forjimmyHQ along the @southbankcentre #WHYFest



WorldChildrensDay ☆ @universal20nov · Oct 23
Very nice 😊 Refreshing & inspiring to see children promoting
#UNCRC in a fun way. Hope to see more. #ChildrensDay



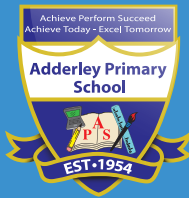
Adderley School @AdderleySchool
Our #peacemosaic annotated with UN Convention on the Rights of the Child @peter_hay @Anfieldexile #uncrc #WHYFest



Southbank Centre @southbankcentre · Oct 23
We are so glad that you took part in the #WHYFest Protest Parade! Those voices were LOUD!



Adderley School @AdderleySchool
Children making their voices heard in the WHY? Protest Parade @southbankcentre #WHYFest



UNICEF

UNICEF Rights Respecting Schools Award

This year at Adderley, we are starting a special new journey. We want to show everybody how important children's personal and social development is and how this is one of our most important priorities in school. One way in which we hope to show this, is by starting our journey to achieving the UNICEF Rights Respecting Schools Award. We are already working so hard to empower our children and teach them about their rights that we believe we are worthy contenders for the award. However, we still have some work to do and welcome all support from the children, parents and the local community!

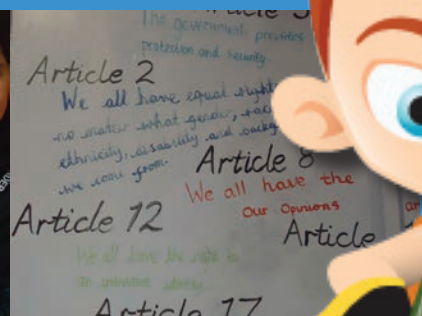
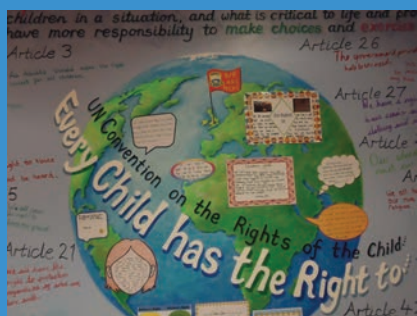
The Award:

The Rights Respecting Schools Award is a Unicef UK programme that aims to put children's rights at the heart of schools in the UK. Unicef work with thousands of schools across the country to embed children's rights in their ethos and culture

to improve well-being and develop every child's talents and abilities to their full potential. The Award recognises a school's achievement in putting the United Nations Convention on the Rights of the Child (CRC or UNCRC) into practice within the school and beyond.

Our journey so far.....

As part of our Personal and Social curriculum, children are already taught about the United Nations Convention on the Rights of the Child. However, we would now like to take this further by giving our children more chances to express their feelings and views about their rights. We want our children to develop a passion for their rights and be able to talk about the importance and strength of the rights they have. We believe that by empowering our children in this way, it will help them to become better, global citizens in the future.



BBC

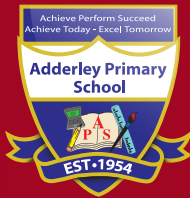
Children in Need

We had a brilliant day for BBC Children in Need with children and staff dressing up as superheroes and Pudsey Bears. We held a special assembly to announce the winners of the dress-up! You can tune in to our featured show on Children In Need on Adderley Radio on our website or at <https://soundcloud.com/adderley-primary-school> to find out more!

We have raised a total of £530.53!
Many thanks to all parents and who made donations, and supported their children in raising this fantastic amount.

We have raised a total of £530.53!





Make a
NOISE
about bullying
#ANTIBULLYINGWEEK

ANTI BULLYING

Anti Bullying Week 2015

On 16-20th November 2015, we all celebrated Anti Bullying Week.

The theme of this year's Anti Bullying Week was "Make a noise about Bullying" and all children in school were learning about this.

Aims of Anti Bullying Week 2015:

- To empower children and young people to make a noise about bullying – whether it is happening to them or to someone else, face to face or online.
- To help parents and carers have conversations with their children about bullying – both as a way of preventing bullying, and to help children who are worried about bullying.
- To encourage 'talking schools' where all children and young people are given a safe space to discuss bullying and other issues that affect their lives, and are supported to report all forms of bullying.
- To equip teachers to respond effectively when children tell them they're being bullied.
- To raise awareness of the impact of bullying on children's lives if they don't tell anyone it's happening – or if they are not given appropriate support – with a focus on the impact on mental health.

Special Anti Bullying Assembly:

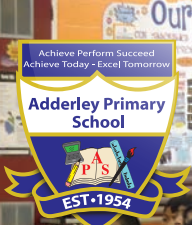
Key Stage 2 children were lucky enough to have a special performance by Loudmouth Productions called "Helping Hands". This performance focused on bullying and Domestic Violence. Children learnt about the signs of bullying and different types of bullying. They had the opportunity to see what effect this had on the victim and on the bully. Children were also encouraged to think about why bullies behave the way they do and how children can deal with bullying.

Anti Bullying Lessons:

Year 4 focused on this year's theme "Make a Noise about Bullying". In their lessons, they wrote a poem about bullying. Teachers were really impressed with how well children used their previous knowledge about bullying to create these poems. Here is the poem created independently by children in 4P,

Stop Cyber-Bullying





ANTI BULLYING

Bullying is wrong,
It doesn't make you
strong.
Several times on purpose,
STOP!
If you carry on, you will
never reach the top.

Cyber Bullying is very bad,
I do not like it because it makes me sad,
Don't be nasty to others online,
If I tell my Teacher, you won't be fine!

Cyber bullying is when you are
bullied using technology,
Cyber bullying hurts
your feelings,
Cyber bullying is when someone
hacks into your computer,
Cyber bullying is when you are
bullied on Facebook or Twitter.

Come on out! No need to cry,
Tell an adult and don't be shy.
If you are getting nasty messages and comments,
Don't stay quiet, do something about it!

If you are being bullied
stand up for yourself,
Don't stay quiet,
shout for help!
Protect yourself and stay
safe online,
So you can be happy and you
will be fine.

By 4P

EYFS

why is water WET?

This half term we learnt about two different topics. Our first topic was all about under the sea. On Friday 6th November, we went on a trip to The Sea Life Centre.



We learnt about the different sea creatures and we had the chance to touch some of the creatures with the help of the staff working there. We also watched a short movie in the cinema which was so much fun as we watched it in 3D and we got to wear the 3D glasses.



We all really enjoyed our visit to The Sea Life Centre and we all would love to go back there again one day.

Where does SNOW go?

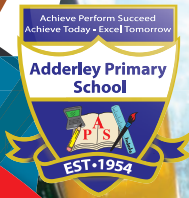


We learnt about the importance of wearing appropriate clothing during the winter season and the benefits of wearing thicker clothes. We also learnt about the film 'Frozen' we focussed on describing the different settings in the film and describing the different characters in the film. We had so much fun learning about a film that we all love so much.



We also practised for our Christmas Nativity assembly. To help us to understand more about Christmas and more about the religion of Christianity we went on a trip to Saltley Methodist Church. Andy told us a story from the Bible and he explained all the main features of a Church. We really enjoyed learning about Christianity and the importance of a Church for Christian people and what they do when they go to visit a Church. At school, we have enjoyed learning the songs and the words to our Nativity assembly. We can't wait to perform our Nativity assembly to our parents and to the other children in school.





YEAR 1

BRUM BRUM Here We Come!

TRAVELLING BY TRAIN!

We travelled to Birmingham City Centre on the train from Adderley Park Station all the way to Birmingham New Street station. We were really excited as it was the first time on a train for most of us.

GLEAMING GRAND CENTRAL!

We learnt that the Birmingham New Street Station has had a brand new makeover where we experienced the view of the fashionable shopping centre. We were in awe of the shape of the building which looked like a great big bubble.

"I can see Adderley School",
Ibrahim.

"The train is
going really
fast",
Nouradin.

"BRIGHT LIGHTS, BIG CITY"

What better place to go to than our very own **Birmingham City Centre**? This half term, we have been immersed in our learning all about our beautiful city of Birmingham! We have been looking at the different transport types and what makes our city so vibrant and unique.

YEAR 1



BIRMINGHAM FESTIVITY!

We experienced the bright lights of the Bullring and the New Street German markets whilst walking to the new Library of Birmingham where we enjoyed our lunch and a snuggly story. We loved looking at the luminous lights showing Birmingham getting ready for the festive season.



YEAR 2

NATURAL HISTORY MUSEUM



Wriggle and Crawl

Year 2 were have been extremely lucky to visit London as part of their project 'Wriggle & Crawl'! We visited the Natural History Museum (one of London's most beautiful landmarks) and the thousands of exciting interactive exhibits it offers! Children went on a minibeast trail looking through hundreds of specimen. They discovered their habitats and what their diet was (some arthropods eat socks!). Then they chose their favourite creepy crawly to exhibit for their museum display back at school.

The museum offered us an amazing experience, one that we will remember for years to come!



DID YOU KNOW?

YEAR 2

In its lifetime, a single bee can collect enough nectar to make one twelfth of a teaspoon of honey. Eating honey can help you be smarter! It's the only food that contains 'pinocembrin', an antioxidant that improves brain function.

Butterflies don't poo because their diet is made up entirely of liquid! If a butterfly has lots to drink, it sprays a fine liquid that is almost pure water!

Butterflies can taste with their feet and choose the yummiest leaves to lay their eggs on, as that will be their caterpillar's food.

The largest butterfly in the world is the Queen Alexandra's birdwing, which lives in Papua New Guinea and has a wing span up to 31cm.

One of the smallest butterflies is the Western pygmy blue from Africa, which has a tiny 1.5cm wingspan!

Most spiders are carnivorous, as they feed on insects and other invertebrates. However, some of the largest spiders prey on vertebrates, including birds!

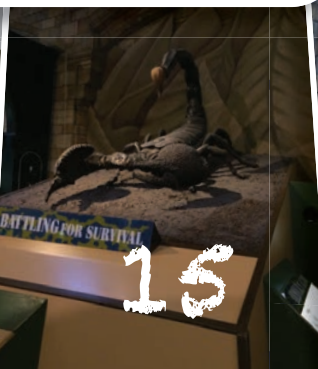
All spiders have fangs and almost all spiders are venomous. However, most spider poison is too weak to harm humans.

Daddy longlegs are arachnids also known as harvestmen. They have three body sections, unlike spiders who have two, and their legs have seven sections, which they can break off to surprise or distract a predator.

Ants are extremely strong and can carry objects 50 times their own body weight. For every human on Earth, there are 1.5 million ants! They live on every continent except Antarctica.

A housefly beats its wings 200 times a second!

Most snails have four tentacles – two for seeing and two for feeling and smelling.



YEAR 3

Greek Day

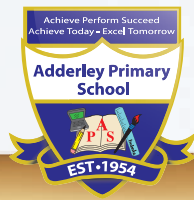
As part of Year 3's Gods & Mortals project, we all dressed up in togas and had an authentic Greek day. The day consisted of 3 parts, making wreaths and tzatziki sauce, making clay masks and drama activities related to the Olympics.

Then we went to the Creation Station to make clay masks. Greeks used to use these in plays so that they could become anything they wanted. Finally we went to the hall for the Ancient Greek Olympics. We carried out a series of Olympic Games and competed against each other. At the end of the day though, everyone was a winner!



The day started with us all making wreaths to wear on our heads to compliment the togas we came dressed in. We got to wear these on our heads all day so that it was like we were living in Ancient Greece. We also made tzatziki sauce from Greek yoghurt, cucumber and spices. It was delicious eating it with pitta bread!





YEAR 4

Year 4 surrounded by jaw-dropping history, magic, myth and adventure!

To kick off their topic 'I Am Warrior', Year 4 have visited Warwick Castle this term. This was a fantastic opportunity for children to have an amazing new experience.

Children were incredibly excited about the visit and wanted to learn so much about how people lived in the past. They started by exploring the Great Hall. Here, they saw different exhibits and learnt about how people lived in the past. Children and staff were especially impressed with how authentic everything was (They even had to touch a few statues to check if they were real!). In the Great Hall, children learnt about weapons such as guns and swords which were used in battles through history.

After this, children they were in for a treat as they watched the 'Birds of Prey' show. During this show, children saw a demonstration with 2 eagles called Archie and Bruce. They watched as the eagles flew to and from the castle.

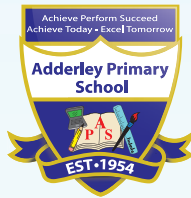
"I was a little bit nervous because the birds were flying close to our heads. But it was so much fun!" (4P)

One of the most tiring parts of the day was when children and teachers climbed the many towers of Warwick Castle. They climbed over 500 steps to the top of the tallest tower! This was a great victory for all the children and staff and they were exhausted by the end.

This visit was a fantastic day for all the children in Year 4. It has helped them with both their topic and Literacy work and has given them a very special and magical experience.



YEAR 5



BMAG visit

This term the children of Year 5 developed their learning on Ancient Egypt. They had the opportunity to visit Birmingham Museum and Art Gallery (BMAG) where they learnt many different educational facts about Ancient Egypt and sketched some of the amazing artefacts.

The facts learnt were used to create a school Egyptian museum gallery!

In Literacy we created leaflets about the different artefacts that could be explored at BMAG. Some of these leaflets are sent to be advertised at BMAG! Furthermore, they explored the geographical elements of the fascinating River Nile and the historic and mathematical elements of the pyramid by a historian from King Edward's Grammar School!

Daood Mohammed (5N) *'I can't believe that we saw a sarcophagus in real life!'*

Balqisa Omer (5N) *'I drew the canopic jar, it was interesting but at the same time gruesome to learn that the jars were used to place the organs inside it!'*

Kaniz Ahmed (5N) *'I learnt from the work shop that we needed a levelled surface to create a pyramid. I really enjoyed creating a paper spirit level!'*

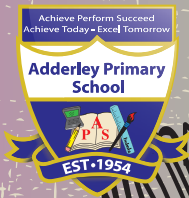


RMSE visit

Year 5 children had an exciting day out to the Singh Sabha Gurdwara in Birmingham. They had the exciting opportunity to visit the Langar – the Sikh free kitchen facility. Furthermore, our tour guide talked about his religious beliefs and the children had the opportunity to ask questions. Finally, we went to the prayer hall. Here we heard the Guru Granth Sahib (the holy book) being read. The Gurdwara was quite busy as we visited one day before Guru Nanak's Birthday!

Faiza Hussain (5A) *'I learnt about the 5K's and what they all meant!'*

Hasnain Mahmood (5N) *'It was amazing to see so many volunteers working in the kitchen making food which was to be served up free!'*



YEAR 5

Year 5 have embarked on an exciting new 'Community Cohesion' opportunity with our friends from Stoke-on-Trent. Adderley Primary has buddied up with Eaton Park Academy in Stoke in this cross-country learning programme!

The children of Eaton Park Academy initially wrote letters to our children telling them about all about themselves. Our children then had the opportunity to read and then meet their penpal when they visited us on Tuesday 10th November. On this day, the Year 5 children of Adderley hosted an exciting show about Diwali for the children of Eaton Park Academy. Our children retold the story of Rama and Sita to share with their penpals from Eaton Park Academy about this festival of lights!

After lunch together, both schools took part in a range of Diwali related activities. First, they created friendship mendhi hands, finding out more about their penpals! These hands made our community cohesion friendship tree, which is now displayed in the Year 5 corridor. Next, they created Diwali cards decorated with rangoli patterns to exchange with their penpals with a special message inside them! Finally, the children of Adderley performed a song about Diwali which they had been practising especially for this day!

Our Penpals from Stoke!

Selina Hussain (5N) 'I really liked meeting who wrote to me in person. It was nice to have someone else of similar age to share something with that I knew about.'

Sunah Khan (5N) 'I enjoyed teaching Kalsea (my penpal) about Rama and Sita story and why Diwali is celebrated by Hindus. We both learned that it was when good overcame evil.'



YEAR 6

Year Six's race to save the SnowDome!

After our unforgettable trip to the SnowDome, Year Six children were astounded to receive a letter from the General Manager of the company to explain a horrifying dilemma – the SnowDome could be on its way to closing down if custom doesn't increase!

With this in mind, Year Six began working extremely hard to create advertising campaigns which would help the SnowDome to increase the number of customers who visited. All Target Groups created something different:

TG1 created role plays to show how amazing it was to visit the SnowDome, whereas Target Group 2 decided to use I-Movie to create incredibly impressive trailers! Moreover, Target Group 3 children, with the help of some very shocked Adderley staff, created a news report to show just how upset and shocked people were to hear of the SnowDome's dilemma. Finally, Target Group 4 used their Computing skills (as well as adding a bit of rapping) to create some truly memorable adverts.

After only a few days to prepare, children were asked to present their creative adverts in front of a board of esteemed judges who would decide the final winner! However, after been bowled over by their superb creativity, Mrs Darr (the head judge) decided that all of Year 6 would win and visit the SnowDome once more with all costs covered by the school in order to help SnowDome's funds.

THANK YOU MRS DARR!



“I was really shocked to be given the opportunity to help the SnowDome out of hundreds of schools and I thoroughly enjoyed making the presentations by coming up with a range of ideas that would help the SnowDome's future – Nimrah”

“I loved creating our advertising campaigns as, not only was it fun to show people what we had produced but I also enjoyed improving my speaking and listening skills as we had to stand in front of a whole Year 6 audience and 6 scary judges – Nikisha”



Singers Hill Synagogue

On Tuesday 8th December, Year 6 children visited Singers Hill Synagogue as part of their RMSE curriculum. As soon as we stepped into the Synagogue, we were amazed at the beautiful architecture and the design of the inside of the holy building. Merina (our guide for the session) imparted a huge amount of knowledge regarding the Jewish religion which was new to children and staff. All children had a fantastic morning at the Synagogue – the only part which we will want to forget was being outside in the big rainfall!

ENRICHMENT

BUDDING SCIENTISTS

A group of Year 5 and Year 6 children went to the King Edward School to enhance their scientific knowledge. They took part in a number of workshops. First we explored the Winterbourne House and Gardens. Here we learnt about the different plants that grow in different conditions and how pollination occurred. For instance, Noor (5N) stated, 'It was exciting to see the cactus growing in hot conditions and I learnt pollination can happen in many ways such as sticking to the animal fur and being passed on or being spread by animals by excretion and also wind too!' And Faiza (5A) mentioned 'I didn't know that cotton is made from plants leaf!'

They Year 5 and Year 6 children also learnt about how honey was made and saw the construction of a honey box. Aisha (5J) commented, 'I learnt the difference between a honey bee which is brown and black and a wasp that is yellow and black!' The children were intrigued to learn that bees lay about 2000 eggs and also that many of the workers in the hive are women!

In the afternoon the children took part in the debating workshop. They debated about different topics such as whether we need zoos. The children formed arguments for and against the topic and spoke clearly to communicate their idea across.

The day ended with an Astrology workshop. Year 5 and Year 6 children learnt about the different features of the rocket. They annotate the features and then moved on to more challenge rocket. Abdelrehman (5N) commented, 'I know the nose cone because it is usually sharp and point so it reduces friction!' They also learnt about how aliens would need certain features to adapt and live on different planet. For example fur will be needed for colder planet away from the sun or long trunks if they had to reach the water in planet with hole.

Year 5&6 Science



HISTORY QUIZ

As part of our links with King Edwards School, four boys from Year Six were invited to take part in the Littlehist History Quiz at Camp Hill campus.

All four boys were incredible excited and crammed in some last minute revision to ensure that they could face the competition. Even though the quiz was extremely challenging, the children did exceptionally well, especially when identifying fashion through the ages!

Altogether, there were 21 schools who took part in the competition and Adderley ranked in 10th place which made Miss Stanford very proud!

Well done to the four boys who took part: Idris, Bilal, Anish and Abdel-Djalil.

Year 6 History quiz



YEAR 4 TRIP TO HES FOR SCIENCE

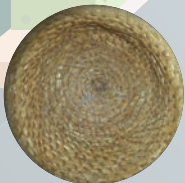
Year 4 children went to the King Edward School to develop their scientific knowledge. They took part in a number of workshops. First they had a workshop all about bees. The children were fascinated by the different hives and the honey as well as the journey the bees go on to collect their food. They also learnt about how honey was made and saw the construction of a honey box.

Next, they explored the Winterbourne House and Gardens. Here the children learnt about the different plants that grow in different conditions and countries. The children were amazed with the variety of plants the school had.

In the afternoon the children took part in the debating workshop. They debated about different topics such as whether we need zoos. The children formed arguments for and against the topic. They each had a turn to share their ideas and debate each other's ideas.

The day ended with an Astrology workshop. Year 4 children learnt about the different features of the rocket. They looked at a rocket and labelled the different parts. At the end of the workshop they had a quiz about the solar system.

The children thoroughly enjoyed their day!



Talented Artists

On Wednesday 2nd December, our Talented Artists visited one of Birmingham's best Art Galleries: The Barber Institute of Fine Arts!

Here, we began with a tour of European Art, learning fantastic facts such as the fact that egg yolk and crushed beetle juice were common painting materials in Italy 400 years ago!

We then embarked upon our African and Asian Art workshop, which included a tour of the galleries sculptures (where we learnt about the importance of African and Asian Art to World Art) and then created our own African inspired masks!



We had a lovely day learning and creating and will be returning soon for another exciting workshop!



Healthy Lunchbox

What we would like lunchboxes to include:

At least one portion of fruit (e.g. small apple, orange, grapes, dried fruit, cherry tomatoes) should be included each day

At least one portion of vegetables (e.g. carrot sticks, cucumber, celery) should be included each day

Meat, fish or other source of non-dairy protein (e.g. chicken, turkey, ham, beef, tuna, lentils, kidney beans, chickpeas, hummus, peanut butter and falafel) should be included each day

Oily fish such as salmon at least once every three weeks

A starchy food such as any type of bread, pasta, rice, couscous, noodles, potatoes or other type of cereals (e.g. pitta bread, tortilla wraps, rice cakes, oat cakes) should be included each day

Dairy food such as milk, cheese, yoghurt, fromage fraise or custard should be included each day

Drinks should be water, fruit juice, semi-skimmed or skimmed milk, yoghurt or milk drinks and smoothies

If your child is not having a healthy school dinner, please make sure that their packed lunch is healthy. Simply, follow this guide!



Aim to avoid:

Snacks such as crisps (alternatives include savoury crackers, breadsticks, nuts and seeds)

Confectionery such as chocolate bars, chocolate coated biscuits and sweets (alternatives include small cakes, shortbreads and flapjack or plain biscuits)

Fizzy drinks, drinks with added sugar or sweeteners

Flasks, drinks in glass bottles or ring pull cans

The remains of the previous days take-away

Lunch Boxes should not regularly include items that are high in fat or salt. For example:

Cooked sausages, sausage rolls, chipolatas, corned meat, individual meat pies

Special diets and allergies

The school recognises that some children may require special diets for medical, ethical or religious reasons that do not allow for standards to be met exactly. For example a diabetic child may need to bring an emergency sweet snack to school. In these cases parents and carers are responsible for ensuring the food from home is specific for the child's needs.



RELIGIOUS FESTIVALS

At Adderley Primary School we believe that Religious Education should provide a holistic view of religious traditions, preparing children for life in Modern Britain. Our RMSE (Religious, Moral & Spiritual Education) curriculum is based on The Birmingham Agreed Syllabus.

Due consideration within this framework is given to all faiths with Christianity being the predominant religion taught. Respect, tolerance and understanding for the beliefs of all faiths is promoted as part of our RMSE programme and children are given the experience of understanding all the main religious festivals across the faiths throughout the year.



Parental Right to Withdraw

Parents have the right to withdraw their child from religious education and the daily act of collective worship as set out in the DfE Non-Statutory Guidance 2010. However, it must be understood that such activities make a contribution to cross-curricular objectives pursued during the course of the school week. The school ensures that parents and carers are informed of this right to withdraw through our website and school prospectus and parents are also made aware of the objectives and content set out in the RMSE planning through half-termly curriculum overviews. In this way a more informed decision can be made.

Christmas



Do you know any Christmas traditions?

What do you know about Christmas?

Why is it celebrated?

Dear God,
Thank you for allowing us all
to celebrate and appreciate
each others festivals and
religious beliefs. Thank you for
the things we have learnt and
the things we are yet to learn.
Amen

Diwali



Diwali is the festival of:



Meaning of
Eid

Eid

Did you know that there are two Eid celebrations every year?



Language Ambassadors

LANGUAGE AMBASSADORS

At Adderley Primary School we have Language Ambassadors who promote the school's diversity ethos and foreign language learning.

We are a group of bilingual and multilingual children who represent different cultures and speak different languages. Our main roles are to promote British Values, the English language and welcome children who are new to our school. Using our language skills we create a safe environment for the newly arrived children who can learn English in a faster way, supported by all of us.

We went through a selection process within the Foreign Languages Department and we now act as role models promoting the importance of language learning.

At lunchtimes we engage in activities involving the newly arrived children, helping them settle in and feel safe in their new school. We play various games in their home language which allows them to have a break from learning English, as an additional language.

Throughout the week we go into classes and offer language support when needed or translate for the teachers.

The Italian and French Ambassadors act as language promoters during the Italian and French lessons, supporting our peers with their language learning.

We play an important role in the organisation of Language Days in our school and closely work with our Languages teacher to promote the importance of learning a foreign language in primary schools. We are also involved in the recording of Italian and French songs in the school's radio station.

We enjoy our roles as Language Ambassadors because we are proud of our cultural heritage and the languages we speak. This also gives us a chance to help other children achieve their full potential and learn English in a safe school environment.

PE and Extra-curricular Clubs

PE Kit

Please ensure PE kits are brought into school on the first day of the half term and left in school for the half term.

Due to the changes in weather, please can you ensure your children are bringing trousers and not shorts. If you would like your child to wear a long sleeved white t-shirt to go underneath their PE shirt.

Swimming in January

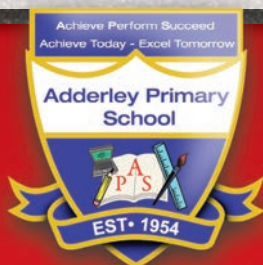
In January 2D and 3H will no longer be swimming. For the Spring term, 2H and 3S will now swim.

The girls in Year 4, 5 and 6 will continue to swim until February half term. Spring term 2 will be when the Year 4, 5 and 6 boys will begin their swimming provision, until the end of the academic year.

A reminder for swimming kit, girls should wear a full swimming costume – leggings are allowed underneath. Boys should wear swimming trunks or shorts. All children should bring a towel. Swimming caps and goggles can also be worn.

No clubs on the **first week** of a new term!

Wednesday	Thursday	Friday
Football Club (Year 4)	Football Club (Year 6)	
Multisports (Years 1, 2 & 3)	Tennis (Years 4, 5 & 6)	Football Club (Year 5)
Dodgeball (Years 4, 5 & 6)	Dodgeball (Years 4, 5 & 6)	
Reading Club (Years 4, 5 & 6)	Reading Club (Years 2 & 3)	Reading Club (EYFS & Year 1)
Years EYFS, 1 & 2 DT (EYFS, Years 1 & 2)	Year 5 & 6 DT (Years 5 & 6)	Year 3 & 4 DT (Years 3 & 4)



"YOUR SAY, YOUR SCHOOL"

We welcome your feedback at Adderley Primary School, and would love to hear from you. Please share your views as a parent by clicking on the 'Ofsted Parent View' button under the 'Parents' menu of the school website. Additionally, you may want to fill in our online form - 'Your Say, Your School'. We look forward to hearing from you all!